

## **“HOME STUDY AREA”**

For students to gain the maximum possible benefits from their learning at home, a special place to study is highly desirable; their brains thrive on experiencing regular patterns.

This area to study should be used only for that purpose; over time the brain will associate that place with study, thus making it a habit and reducing barriers to getting started at night.

In each of the three planners are focuses describing a well set up study area and the conditions making it most suitable:-

<b>Junior</b>	Where to Study	pg. 34
	T.V., Music and Study	pg. 72
<b>Middle</b>	Home Study Environment	pg. 38
	T.V., Music, Mobile, Chatrooms	pg. 76
<b>Senior</b>	Home Study Environment	pg. 40

Many families find space a problem and a special study area very difficult to provide. In these cases, the best scenario is to create as many of the features for an efficient study area as possible eg. well lit, quiet, warm, ventilated and comfortable etc.

Studying in front of the TV and listening to loud music is a total waste of time, because very little, if any, of the subject matter will be absorbed in the students' memories; a proven fact, even though our students may disagree.

Also, studying in bed is not beneficial. Firstly, the brain relates bed to sleep, not study, and efficient study won't occur. Secondly, studying in bed will effect sleep patterns and reduce the students' quality of health.

Should you have any queries or concerns regarding your son/daughter's progress please do not hesitate to contact his/her Year Level Co-ordinator/Advisor.

"I do not seek, I find." Pablo Picasso