

“HOW I LEARN”

Understanding and thinking about "how" they best learn, remember and apply subject material will benefit the students' progress substantially. Each and every student has their own individual preferred learning style, which is determined by their personal mix of “*Multiple Intelligences*”.

All too often, we (parents and teachers), tell our sons/daughters to study but they have really never been shown how to or taught how to think (*Habits of Mind*). In each of the planners are weekly focuses that explain the best ways to remember, understand and connect with subject matter to:-

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The central theme running through these focuses is for students to be "actively engaged" and able to extend their knowledge to new areas. They should be prepared to explain and justify the material to a friend or parent; the “*thinking*” process to apply knowledge rather than just remembering it is the key to successful learning. True learning occurs not when information is going in but rather when it is retrieved to be applied.

The more of their senses that are involved in learning, then the deeper is the storage of information in their memory and the easier they can retrieve it when they need to.

To quote Kevin Sheedy, "Listening is a shortcut to success". There is a method that works very well in class for the students, it is called the **80/20 Principle**:

- Listen, think, concentrate and be engaged 80% of the time.
- Take meaningful notes/summaries 20% of the time.

Encouraging students to adopt the elements in the above focuses and the "80/20 Principle" will be rewarding for them.

Should you have any queries or concerns regarding your son/daughter's progress please do not hesitate to contact his/her Year Level Co-ordinator/Advisor

"What we learn to do, we learn by doing." Aristotle