

## **“PLANNER HABITS”**

There is an old and very apt saying, "Our habits make us or break us."

Habits are things that we:-

- do often
- do easily; second nature

Renowned organisational health expert, Stephen Covey, believes that to make something a habit we must make ourselves repeat it often for 30 days.

As such, most of the strategies and techniques provided in the planners rely very much on students, parents and teachers practising them regularly to make them habits. They are an ***all the time thing***, not a sometime thing.

The key is for the students to persevere to continually use them in their study program until they become second nature to them. When this occurs, it will go a long way towards them achieving their true potential.

Students' qualities as independent learners are developed by students continually and consciously ***doing the right thing*** and ***doing the thing right*** over a five to six week period; one or two weeks is not enough.

Encouraging them to give it a go, will benefit your son/daughter's progress immensely and be very rewarding and satisfying.

Should you have any queries or concerns regarding your son/daughter's progress please do not hesitate to contact his/her Year Level Co-ordinator/Advisor.

“Your actions, not your words, are what count.” Anon