

"REVISION/ TESTS"

Throughout students' school careers they will be required to complete numerous tests and examinations which will contribute significantly to their assessment. The thought of these often causes feelings of tension and raises doubts about coping amongst students; perfectly natural reactions.

The secret to success is being able see how the knowledge they have learned relates to what they already know and how they can apply it to extend their knowledge further.

Performing well on tests and exams relies on being able to understand what is being asked, retrieving the relevant information from the brain and shaping an appropriate answer. It's process that needs to be practised often to create a consistent and confident exam performance.

To retrieve knowledge from the brain easily, it must be stored in their memory in an organised fashion in the first place. The **SQ3R** is one such method and it is complemented by efficient note-taking and effective listening.

In the Junior, Middle and Senior planners there are several focuses that address tests and examinations. The Senior planner in particular, has a detailed series of focuses on the topic:-

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When students say, "I freeze in tests and have a mental block," it basically means that they are unable to use the learned knowledge, aren't comfortable with their preparation and have difficulty retrieving information

from their memory storage tanks. If they can say, "I know how to apply the knowledge, I've prepared well and therefore I'll do well," a sound performance will result.

Should you have any queries or concerns regarding your son/daughter's progress please do not hesitate to contact his/her Year Level Co-ordinator/Advisor

"I hear and I forget, I see and I remember, I do and I understand." Confucius