

MY GUIDELINES

Having **completed** "My Performance Last Term"

- now is the time to make adjustments so that you can get it right.
- if you keep doing the same things, you'll keep getting the same results.

To achieve what you are aiming for won't just happen

- opportunity won't chase you.

Set **Guidelines** that focus on what you can control

- positive attitudes and your thinking
- good behaviours.
- balanced lifestyle.



Think carefully about the main things that you are able to change to improve what you do

- also write down **how** you are going to make those changes.

To Improve	How
At School	
At Home	
Me	

"There is no 'chance' – only 'choice'." Anon